



About The First Responder Resilience Project

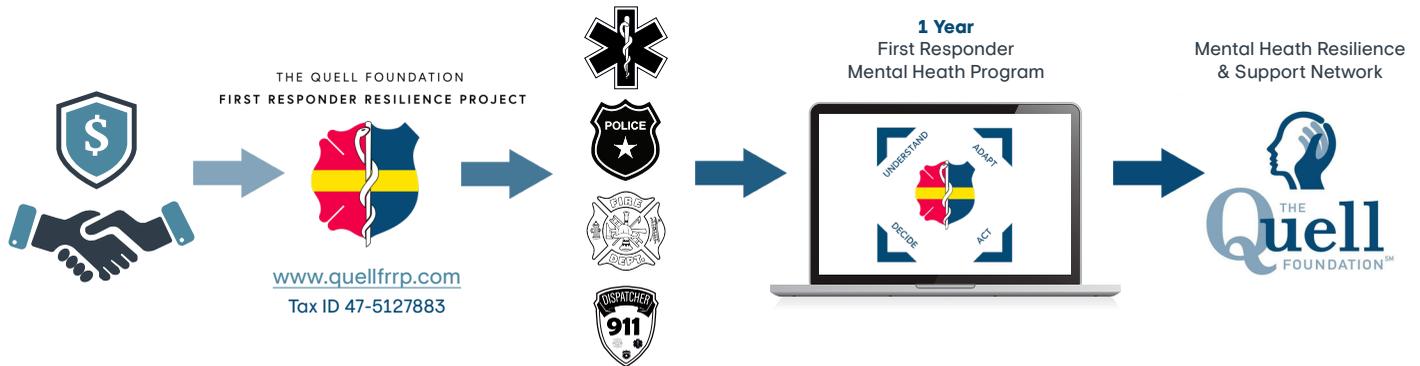
The First Responder Resilience Project (FRRP) aims to address the pervasive issue of stigma associated with mental illness that prevents our most vulnerable populations from accessing life-saving treatment. These very public servants, our nation's first responders, are more likely to die by suicide than performing their line-of-duty life-saving roles, and at unprecedented rates.

The First Responder Resilience Project consists of a comprehensive 1-year mental health training program developed by first responders and peer reviewed by clinical experts. Our 1-year package includes in-department, group seminars, individual workbooks and mobile access to interactive training modules hosted through the program website. The website serves as a functional, efficient resource specially curated for police officers, firefighters, EMS and dispatchers to help first responders improve their mental and physical wellness.

Additional resources are emergency call center information, virtual workouts, informational videos, wellness practices, blogs, and podcasts. Through this platform, participants can also find community support and personal guides for local resources. The program will reduce the stigma of mental health in the first responder community while providing accessible resources and self-help tools to combat past, current, and future traumas.

Opportunities for Sponsorship

Your generosity helps ensure that we are able to deliver this training program and resources to all first responders in need, regardless of a departments' budgetary constraints.



\$10,000

- Your organization prominently listed as a sponsor on the FRRP website www.quellfrp.com and training materials
- Opportunity to author quarterly featured blog post, article etc. on the FRRP website
- Access for your organization to screen The Quell Foundation's documentary, Lift the Mask-Portraits of Life with Mental Illness.
- Opportunity for post-screening panel discussion with film subjects and representatives from The Quell Foundation.

\$5,000

- Your organization listed as sponsor on all the FRRP website and training materials
- Access for your organization to screen The Quell Foundation's documentary, Lift the Mask-Portraits of Life with Mental Illness.
- Opportunity for post-screening panel discussion with film subjects and representatives from The Quell Foundation.

\$2,500 (or other amount)

- Your organization listed as sponsor on all the FRRP website and training materials

Ways to Give

- Via credit/debit card, Apple Pay or PayPal, visit our secure, online giving portal at igfn.us/form/nr6h5A
- Via check or money order, payable to The Quell Foundation and mail to P.O. Box 1924 North Falmouth, MA 02556
- Via wire/stock transfers, contact Kevin Lynch at klynch@thequellfoundation.org

QUESTIONS:

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